

**PERIOPERATIVE PROPHYLAXIS CONSIDERATIONS
CURRENT AS OF APRIL 2007**

FOR OUR PURPOSES

CBC, CHEM 7, & CHEST XRAY ARE VALID WITHIN 6 MONTHS OF YOUR SURGICAL DATE
EKG IS VALID WITHIN 1 YEAR OF YOUR SURGICAL DATE
HISTORY & PHYSICAL BY YOUR INTERNIST MUST BE WITHIN 30 DAYS OF YOUR SURGICAL DATE

BETA-BLOCKADE (Check one selection only)

- Patient is already on beta-blockers (target HR \leq 65 bpm*)
- Low risk procedure (endoscopic, cataract, breast or superficial) planned and does not require empiric beta-blockers
- Beta-blockers are contraindicated (HR $<$ 70 bpm, SBP $<$ 90 mmHg, COPD, severe asthma, or 2^o/3^o heart block)
- Does not meet criteria below
- Meets the following criteria for perioperative beta-blockers:

1 or more Revised Cardiac Risk Index Criteria

or

2 or more Minor Criteria

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| <ul style="list-style-type: none">● History of MI● History of Angina● History of CABG/PTCA● Positive Stress Test● Q waves on EKG● History of CVA/TIA● IDDM● CRI (Cr $>$ 2.0 mg/dl)● Intra-peritoneal, intra-thoracic, or supra-inguinal vascular surgery | <ul style="list-style-type: none">● Age \geq 65● Hypertension● Current Smoker● Cholesterol \geq 240 mg/dl● NIDDM |
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If Eligible, Consider A or B

A. Perioperative beta-blockers initiated using: Atenolol 50 mg PO once a day** OR Metoprolol 50 mg PO BID**

B. Order Consultation:

* Patients not adequately beta-blocked should be referred to his/her internist for dosage adjustment

** Patients initiating beta-blockers should follow up with his/her internist within 7 days for response assessment

VENOUS THROMBOEMBOLISM (VTE) PHARMACOPROPHYLAXIS (Check one selection only)

- VTE pharmacoprophylaxis ordered
- Low risk (minor surgery in patients with no additional risk factors***): No specific pharmacoprophylaxis needed
- VTE pharmacoprophylaxis is contraindicated in this patient due to an increased risk of bleeding or other complications

*** Risk Factors for VTE

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| <ul style="list-style-type: none">- Major trauma- Immobility, paresis- Malignancy- Previous VTE- Pregnancy/postpartum- Medications containing estrogen- Acute medical illness | <ul style="list-style-type: none">- Heart or respiratory failure- Inflammatory bowel disease- Nephrotic syndrome- Obesity- Smoking- Varicose veins- Inherited or acquired thrombophilia |
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